

# Protocols for Staff Member Positive Cases and Exposures to COVID-19

*Updated 1/18/2022*

**Any staff member who tests positive** for COVID-19 must be quarantined for at least 5 days. The day symptoms start (or if you are not experiencing symptoms, the day a positive test is collected) is Day 0. Before returning to work you must seek a test on or after Day 5 if:

- You do not have, or no longer have, a fever;
- There is no cough, or if you had a cough, it is gone or nearly gone;
- Other symptoms are not present, or are improved.

If you take a test on or after Day 5, and your test results are negative, you are to return to work on the following day.

If your results are positive, you must remain in at-home quarantine through ten days, returning to work on Day 11. We will not ask you to test on the days following— you can return to work without a second test on Day 11 (as long as there is no cough or fever present, and you generally feel better).

The district can provide an antigen test at no charge, please contact Teresa Page, Barbie Neu, or the LVN at your worksite to arrange a test. [Register here.](#)

### **If you are exposed:**

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| <p>If you are :<br/>Unvaccinated, OR<br/>Vaccinated and booster-eligible, but not yet received your booster, AND<br/>You have no symptoms</p>   | <p>Stay at work. Register for antigen testing, and get tested daily, starting the next school day and continuing each school day for 14 calendar days from the exposure</p>  |
| <p>If you are:<br/>Boosted; OR<br/>Vaccinated, but not yet booster eligible; OR<br/>Have had a confirmed COVID-19 lab result within the last 90 days</p>  | <p>Stay at work. Register for antigen testing and get tested at about 5 days from the exposure. If the test is negative, no further testing is required.</p>   |
| <p>If you become symptomatic, even if with only one mild symptom, and regardless of your vaccination status or previous infections, we must initially take action presuming you are positive.</p> | <p>Go home or remain at home until<br/>No fever for 24 hours;<br/>No cough or very improved;<br/>Other symptoms improved.<br/>At that point, register for an antigen test, and if the results are negative, you may return to work the following day. If the results are positive, please consult with Barbie Neu to determine your return-to-work date.</p> |

It is more important than ever to wear a well-fitting mask around others, indoors or outdoors, but especially in indoor settings. During this quarantine time, you **must** wear a good mask (the

district is providing N95 masks, please ask for one!) for the entire 14 days to try to stop the transmission of the virus.

The decision to stay in-person vs distance learning is most likely to be based on our ability to keep students safe through adequate staffing. Please do everything you can to keep yourself and others from contracting COVID by employing all of the measures we have available to us:

Vaccination, including a booster once you are eligible;

Antigen testing;

Wearing a high quality mask;

Keeping physical distance from others – especially during lunch, as this is proving to be an especially good time for the virus to travel;

Handwashing and other sanitation measures.

Sierra Unified continues to work in full cooperation with FCDPH and the Fresno County Superintendent of Schools to minimize potential risks to employees, students, and members of the public. If you have any questions, please feel free to contact the District Office at (559) 855-3662