

Sierra Unified Updated STUDENT Quarantine and Testing Guidelines

Positive Test	No Symptoms	Quarantine required: Minimum of 5 days away from school (Day test is collected is Day 0)	AND	Test on Day 5. If test is negative, can return on Day 6. If test is Positive, return on Day 11.
	Symptoms have resolved	Quarantine required: No fever for 24 hours and symptoms improving before Day 5	AND	Test on Day 5. If test is negative, can return on Day 6. If test is Positive, return on Day 11.
	Symptoms continue	Quarantine required: If still ill at Day 5, must continue to quarantine for the full 10 days	BUT	No test required. Fever and cough must be gone for 24 hours and other symptoms improved before return.
Student has symptoms, but no exposure and no other COVID in the home		Quarantine required: At home until no fever or cough for 24 hours, and symptoms generally improved.	AND	Negative test collected after symptoms are improved is required before return
Exposed student, with symptoms (treated as if a positive)	Quarantine required: At home for 5 days from onset of symptoms and no fever or cough for 24 hours.		AND	Can return with a negative test collected on or after Day 5; OR
	Quarantine required: At home for 10 days from onset of symptoms and no fever or cough for 24 hours.		BUT	No test required
Close contact exposed student with no symptoms	Quarantine not Required: Continue at school		BUT	Daily antigen testing on school days for 14 calendar days from exposure; OR
	Quarantine not Required: At home for 10 days		BUT	Return with a negative test.
COVID in the home, student has symptoms (treated as if a positive)	Quarantine required: At home for 5 days from onset of symptoms		AND	Can return with a negative test collected on or after Day 5; OR
	Quarantine required: At home for 10 days from onset of symptoms		BUT	No test required
COVID in the home, student has no symptoms	Quarantine required: At home for 5 days from student's separation from positive person or end of positive person(s) isolation.		AND	Return with a negative test, continue to daily antigen test on school days through Day 14 from day of exposure; OR
	Quarantine required: At home for 10 days from student's separation from positive person or end of positive person(s) isolation.			Return with a negative test, continue to daily antigen test on school days through Day 14 from day of exposure; OR
	Quarantine required: At home for 14 days from student's separation from positive person or end of positive person(s) isolation.			No test required.

District provided home test; District provided test at school or work site; family-purchased home test (can be reimbursed by the district).

Updated 1/14/2022