


# October 2021 Sierra High School

Monday	Tuesday	Wednesday	Thursday
 <p>Menu Subject to change.</p>			<p>1 Breakfast Cinnamon Roll/Cereal Bar Milk, Fruit &amp; Juice</p> <p>Lunch Chicken Burger Baked French Fries Baby Carrots Watermelon Raisels Milk</p>
<p>4 Breakfast Mini Pancakes/Cereal Milk/Fruit/Juice</p> <p>Lunch Chicken Nuggets Sport Cookie Apple Slices/Zucchini Coins Milk</p>	<p>5 Breakfast Pancakes/Cereal/Muffin Milk, Fruit &amp; Juice</p> <p>Lunch Rib Sandwich Cole Slaw Dried Cranberries Milk</p>	<p>6 Breakfast Fresh Berry Parfait/Cereal Milk, Fruit &amp; Juice</p> <p>Lunch Pizza Bread Green Beans Strawberry Cup Milk</p>	<p>7 Breakfast Mini Waffles/Cereal Milk, Fruit &amp; Juice</p> <p>Lunch Baked Chicken Potatoes Wg.Roll/Apple Sauce Carrot Sticks Milk</p>
<p>11 Breakfast Mini Pancakes/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Mini Cheese Burger Harvest Cheddar Sun Chip Raisins Carrot Sticks Milk</p>	<p>12 Breakfast Muffin/ Breakfast Bar Milk/Fruit/Juice</p> <p>Lunch Bean &amp; Cheese Burrito Spanish Rice Fresh Apple Blk.Beans Milk</p>	<p>13 Breakfast Fresh Berry Parfait/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Pepperoni Pizza Garden Salad Mixed Berry Cup Milk</p>	<p>14 Breakfast Mini Waffles/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Meatball Sub Sandwich Apple Sauce Zucchini Sticks Milk</p>
<p>18 Breakfast Mini Pancakes/Cereal Milk, Fruit &amp; Juice</p> <p>Lunch Corn Dog Garden Salsa Chips Apple Sauce Milk</p>	<p>19 Breakfast Muffins /Breakfast Bar Milk, Fruit &amp; Juice</p> <p>Lunch Rib Sandwich Cole Slaw Peach Cup Milk</p>	<p>20 Breakfast Fresh Berry Parfait/Cereal Milk, Fruit &amp; Juice</p> <p>Lunch Pizza Bread Green Beans Strawberry Cup Milk</p>	<p>21 Breakfast Mini Waffles/Cereal Milk, Fruit &amp; Juice</p> <p>Lunch Chili Beans/Corn Muffin Blueberries Carrot Sticks Milk</p>
<p>25 Breakfast Mini Pancakes/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Corn Dog Harvest Cheddar Sun Chip Watermelon Raisels Carrot Sticks Milk</p>	<p>26 Breakfast Muffin/Breakfast Bar Milk,Fruit &amp; Juice</p> <p>Lunch Bean &amp; Cheese Burrito Spanish Rice Fresh Apple Blk.Beans Milk</p>	<p>27 Breakfast Fresh Berry Parfait/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Pepperoni Pizza Garden Salad Mixed Berry Cup Milk</p>	<p>28 Breakfast Mini Waffles/Cereal Milk,Fruit &amp; Juice</p> <p>Lunch Deli Sandwich/Doritos Zucchini Coins Peach Cup Milk</p>
			<p>29 Breakfast Cinnamon Roll/Cereal Bar Milk,Fruit &amp; Juice</p> <p>Lunch Chicken Burger/Baked Fries Lettuce/Tomato/Pickle Diced Pears Milk</p>