


September 2022 Sierra High School / Sierra Alternative Educ

Monday Tuesday Wednesday Thursday

 <p>Menu Subject to change.</p>	<p>USDA is an Equal opportunity employer.</p>		<p>1 Breakfast Mini Waffles/Cereal Milk, Fruit & Juice</p> <p>Lunch Meatball Sub. Garden Salad Strawberry Cup Milk</p>	<p>2 Breakfast Cinnamon Roll/Cereal Bar Milk, Fruit & Juice</p> <p>Lunch Chicken Burger Baked French Fries Baby Carrots Craisins Milk</p>
<p>5 No School</p> <p>Labor Day</p>	<p>6 Breakfast Pancakes/Cereal/Muffin Milk, Fruit & Juice</p> <p>Lunch Rib-B-Qu Cole Slaw Dried Cranberries Milk</p>	<p>7 Breakfast Fresh Berry Parfait/Cereal Milk, Fruit & Juice</p> <p>Lunch Pizza Bread Green Beans Fresh Apple Milk</p>	<p>8 Breakfast Mini Waffles/Cereal Milk, Fruit & Juice</p> <p>Lunch Turkey Or Ham Sandwich Doritos Strawberry Cup Milk</p>	<p>9 Breakfast Cinnamon Roll/Cereal Bar Milk, Fruit & Juice</p> <p>Lunch Cheese Burger Baked French Fries Cucumbers Slices Raisins Milk</p>
<p>12 Breakfast Mini Pancakes/Cereal Milk,Fruit & Juice Lunch Corn Dog Sun Chip Raisins Carrot Sticks Milk</p>	<p>13 Breakfast Muffin/ Breakfast Bar Milk/Fruit/Juice Lunch Bean & Cheese Burrito Spanish Rice Fresh Apple Blk.Beans Milk</p>	<p>14 Breakfast Fresh Berry Parfait/Cere Milk,Fruit & Juice Lunch Pepperoni Pizza Garden Salad Mixed Berry Cup Milk</p>	<p>15 Breakfast Mini Waffles/Cereal Milk,Fruit & Juice Lunch Meatball Sub Sandwich Apple Sauce Garden Salad Milk</p>	<p>16 Breakfast Cinnamon Roll/Cereal Bar Milk,Fruit & Juice Lunch Chicken Burger Baked French Fries Lettuce/Tomato/Pickle Strawberries Milk</p>
<p>19 Breakfast Mini Pancakes/Cereal Milk, Fruit & Juice Lunch Mini Cheese Burger Garden Salsa Chips Apple Sauce Milk</p>	<p>20 Breakfast Muffins /Breakfast Bar Milk, Fruit & Juice Lunch Rib-B-Qu Cole Slaw Peach Cup Milk</p>	<p>21 Breakfast Fresh Berry Parfait/Cereal Milk, Fruit & Juice Lunch Pizza Bread Green Beans Diced Pears Milk</p>	<p>22 Breakfast Mini Waffles/Cereal Milk, Fruit & Juice Lunch Turkey or Ham Sandwich Doritos Blueberries Milk</p>	<p>23 Breakfast Cinnamon Roll/Cereal Bar Milk, Fruit & Juice Lunch Cheese Burger/Baked Fries Broccoli Strawberry Cup Milk</p>
<p>26 Breakfast Mini Pancakes/Cereal Milk,Fruit & Juice Lunch Corn Dog Sun Chip Cranberries Carrot Sticks Milk</p>	<p>27 Breakfast Muffin/Breakfast Bar Milk,Fruit & Juice Lunch Bean & Cheese Burrito Spanish Rice Fresh Apple Blk.Beans Milk</p>	<p>28 Breakfast Fresh Berry Parfait/Cere Milk,Fruit & Juice Lunch Pepperoni Pizza Green Beans Mixed Berry Cup Milk</p>	<p>29 Breakfast Mini Waffles/Cereal Milk,Fruit & Juice Lunch Chilli Boat Strawberry Cup Carrot Sticks Milk</p>	<p>30 Breakfast Cinnamon Roll/ Cereal Bar Milk/Fruit/Juice Lunch Chicken Burger/Baked Fries Lettuce/Tomato/Pickles Apple Milk</p>