



# AUGUST 2022 SIERRA HIGH SCHOOL /SIERRA ALT.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> 	<p>2</p> <p>Menu is subject to change.</p>	<p>3</p> <p>Breakfast ~Choice of Main Entree~ Juice /Fruit, / Milk</p>	<p>4</p> <p>Lunch ~Choice of :Main Entree~ Fresh Fruits~Veggies~Milk</p> <p>USDA is an Equal Opportunity Employer.</p>	<p>5</p> 
<p>8</p>	<p>9</p>	<p>10</p> <p><b>WELCOME BACK STUDENTS &amp; STAFF</b></p>	<p>11</p>	<p>12</p>
<p>15</p>	<p>16</p> <p>Breakfast Muffins/Cereal Bar Breakfast Pizza Fresh Fruit/Juice/ Milk</p> <p>Lunch Mini Cheese Burgers Harvest Cheddar Chips Apple Slices/Carrot Sticks</p>	<p>17</p> <p>Breakfast Breakfast Bar/Cereal Blueberry Muffin Fruit/100% Juice/ Milk</p> <p>Lunch Pizza Bread Green Beans Garden Salad w/Ranch Peach Cup</p>	<p>18</p> <p>Breakfast Mini Pancakes/Break. Bar Egg &amp; Cheese Tornado Fruit/Juice/ Milk</p> <p>Lunch Turkey/Cheese Sandwich Pasta Salad/Grapes Lettuce/Tomato/Pickle</p>	<p>19</p> <p>Breakfast Cinnamon Roll, Mini Waffles Fresh Fruit-/Juice/Milk</p> <p>Lunch Chicken Patty Sandwich Baked French Fries/Apple Lettuce/Tomato/Pickle Cantaloupe</p>
<p>22</p> <p>Breakfast Oatmeal/Pancake Wrap Cereal/Waffles Fruit/Juice/Milk</p> <p>Lunch Grilled Cheese Sandwich Baked Sun Chips/Pears Carrot Sticks</p>	<p>23</p> <p>Breakfast Egg/Cheese Muffin Cereal/.Breakfast Pizza Fruit/100 %Juice/Milk</p> <p>Lunch Chicken Fajita/Rice Pilaf Refried Beans Apple Slices</p>	<p>24</p> <p>Breakfast Breakfast Bar/Cereal Choc.Chip Muffin Fruit/Juice/Milk</p> <p>Lunch Pizza Bread Green Beans Mixed Fruit Garden Salad w/Ranch</p>	<p>25</p> <p>Breakfast Mini Pancakes/Break.Bar French Toast Sticks Fresh Fruit/Juice/ Milk</p> <p>Lunch Pulled Pork Sandwich Baked Beans/Cole Slaw Cantaloupe</p>	<p>26</p> <p>Breakfast Cinnamon Roll/Mini Waffles Fresh Fruit/Juice/ Milk</p> <p>Lunch Cheese Burger/Baked Fries Apple/Cucumber Slices Lettuce/Pickle/Tomato</p>
<p>29</p> <p>Breakfast Breakfast Pizza/Muffins Fruit/Juice/Milk Lunch Bean &amp; Cheese Burrito Sun Chips/Peaches Carrot Sticks</p>	<p>30</p> <p>Breakfast Egg/Cheese Muffin Cereal/Breakfast Pizza Fruit /100 % Juice, &amp; Milk Lunch Baked Chicken/M.Potatoes W.G.Roll/Peas Frozen Strawberry Cup</p>	<p>31</p> <p>Breakfast Breakfast Tornado Fresh B.B.Berry Parfait Fruit / 100 % Juice/Milk Lunch Pizza Bread Peach Cup Garden Salad w/Ranch</p>		