

# JUNE 2022 SIERRA HIGH SCHOOL/SIERRA ALTERNATIVE

Monday

Tuesday

Wednesday

Thursday

Friday

All Meals Include Choice of:  
1 % Low Fat Milk, or Fat Free  
Chocolate Milk.

1 Breakfast  
Yogurt Parfait, Mini Waffles  
Cereal Bar, Muffins  
Fruit/Juice/Milk

2 Breakfast  
Breakfast Pizza/Tornado  
Mini Pancakes. Fruit, Juice & Milk

3 Breakfast  
Cinnamon Roll, Mini Blueberry  
Waffle, Cereal. Fruit, Juice & Milk

Lunch  
Pepperoni Pizza Bread  
Green Beans / D. Pears  
Raisins

Lunch  
Chicken Drummet/M. Potatoes  
WG Roll / Carrots  
Dried Cranberries

Lunch  
BBQ Cheese Hamburger  
Shred Lettuce/Tom./Pickle  
Corn on the cob  
Baked Doritos / Strawberries

6 Breakfast  
Pancake Wrap, Tornado,  
Breakfast Round, Breakfast Bar  
Fruit, Juice, & Milk

7 Breakfast  
Egg Sausage Muffin, Breakfast  
Pizza, Blueberry Muffin  
Fruit, Juice, & Milk

8 Breakfast  
Blueberry Muffin. Yogurt Parfait  
Bagel w/Cr. Cheese/Tornado  
Fruit, Juice, & Milk.

9 Breakfast  
French Toast, Breakfast Rounds  
Bagel w/Cr. Cheese, Cereal.  
Fruit, Juice, & Milk.

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Lunch  
Burrito or Corn Dog  
Baked Sun Chips  
Carrot Sticks/Raisins

Lunch  
Chicken Patty Sandwich  
Baked Fries  
Lettuce/Tomato Cup  
Strawberry Cup

Lunch  
Pepperoni Pizza Wedge  
Green Beans/ D. Peaches  
Raisins

Lunch  
Cook's Choice  
Chicken Fajita  
Salad/ Mixed Fruit

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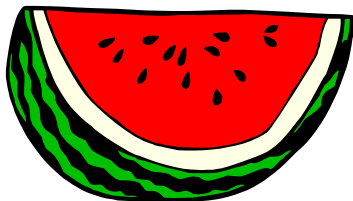
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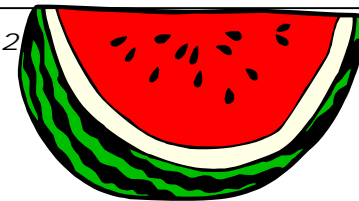
Have a Heat  
Summer !!!!!

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See you in  
August !!!!

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USDA is an equal opportunity  
provider and employer"